











living with Alzheimer

- Continuing care retirement communities / companion care services
- Residential care homes
- Long-term care
 - Memory care units
 - Nursing home care











Considering a move

ving with Auzheimer

- Families often consider a move to a facility for 24/7 care.
- Try involving others close to the person to help make decisions.
- Begin by visiting more than one care residence.

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Facilitating a move

iving with Alzheimer

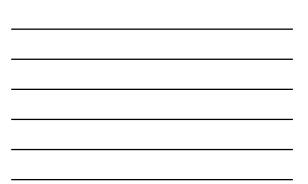
- Keep it brief and simple.
- Acknowledge your own feelings.
- Reassure the person by responding to his or her feelings rather than the content of what is being said.
- Redirect any upsetting thoughts.
- Team up with family, friends, and/or professionals.
- Seek counseling if needed.

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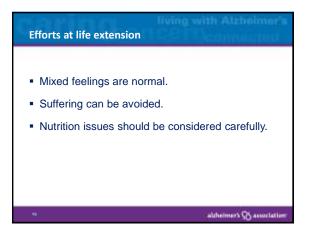


Powers of attorney and capacity

- Plans made at an earlier stage for powers of attorney may be used now.
- In the late stage, a person may be determined to be incapacitated, or unable to act on his or her own behalf.
- Physicians and the court determine incapacitation.

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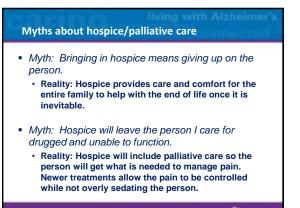


Feeding tube consideration

- Tube feeding is sometimes suggested by medical staff when eating problems arise.
- Long-term tube feeding has no apparent advantages and a number of disadvantages.
- Assisted oral feeding is the preferred method of intervention for eating issues.

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End-of-life Expect a mix of feelings: Sadness Exhaustion Relief and guilt Discover a way to honor the person's spirit Call on others





Grief

living with Alzheime

- Feeling a familiar yet new kind of loss is normal.
- Anticipatory grief may be followed by more traditional grief.
- Symptoms of grief include:
 - · Periods of helplessness
 - · Changes in appetite and sleep patterns
 - Anger and frustration
 - · Social withdrawal

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